



Springfield Youth Hockey Association & Springfield Park District



Spring Hockey Programs and Clinics

Developmental Programs – For more information on these programs contact Jeremy Bonnett 753-2800 at the Nelson Center.

Learn-to-Skate/Learn-to-Play is a beginner class for boys and girls from the ages of 3 to 12 who wish to learn the basics of skating and hockey. Formal games are not played, but scrimmages may occur toward the end of the session. Players will be encouraged to move into mini-mites upon demonstrating skating proficiency.

When: Starts April 21st – Monday evenings: 7:00p-7:50p - Program runs for 8 weeks (skip Memorial Day)
Where: Nelson Center
Fee: \$55.00 (in-district) \$65.00 (out-of-district)

Mini-Mite Hockey is for players age 7 and under. After participating in the Learn-To-Skate/Learn-To-Play programs players may move up to the Mini-Mite level. Players will begin to learn more advanced techniques and a better understanding of hockey as a whole.

When: Starts April 21st – Monday evenings: 7:00p-7:50p - Program runs for 8 weeks (skip Memorial Day)
Where: Nelson Center
Fee: \$55.00 (in-district) \$65.00 (out-of-district)

Learn to Play and Mini-Mites will also have summer sessions beginning in June.

NOTE: NECESSARY EQUIPMENT – skates, hockey helmet (w/face protection), mouth guard, knee protection, elbow protection, gloves, stick.

Spring Hockey Clinic – A Popular program focusing on the overall skills that will help hockey players develop their full potential. Several key areas will be focused on:

Weeks 2 and 4: Power skating, concentrating on skating skills w/ Missy Fortin

Weeks 1 and 5: Skill development concentrating on hockey fundamentals

Weeks 3 and 6: Games (putting it all together)

When: Starts April 16th - Wednesday evenings: 7:00p-7:50p (Mite/Squirt) – 8:00p-8:50p (Peewee/Bantam) – Program runs for 6 weeks

Where: Nelson Center

Fee: \$65.00 (in-district) \$75.00 (out-of-district)

Power Hockey – focuses on the mechanics of skating, power skating, conditioning, balance, puck control and shooting. There is also a video review and statistical analysis of the player development over the 6 week period. Players will receive quick and easy assignments to promote thought and recognize options in game situations.

When: Starts March 18th – Tuesday evenings: 6:45p-7:45p - Program runs for 6 weeks (skip Memorial Day)

Where: Nelson Center

Fee: \$45.00 (in-district) \$55.00 (out-of-district)

Register at the Nelson Center between 8:00a and 4:30p (weekdays) or call and a registration form can mailed out. Return payment to: 1601 N. 5th St., Springfield, IL 62702. Checks payable to: Springfield Park District.

www.springfieldkings.org

www.springfieldparks.org